



21st June 2024

Do yoga at home with these easy poses:-

**PADMASANA** 

**BRIDGE POSE** 



TREE POSE









## Things Required :-

Yoga Mat

T-shirt

• Lower / Track Pant!

**Note :-** Kindly send **2 or 3 photos of different yoga pose** to your class teacher.



## On FATHER'S DAY 16<sup>th</sup> JUNE

Create a library for your children with Books like - Colouring books, 3D books, Musical Books, Popup books, Board

Books.



Mother's Day 12th May 2024
Gift your child a seed
of Kindness. Take him / her to
nearby places and
donate clothes, food
to needy.
feed roadside
animals.

Summer vacation is like a treasure hunt, filled with hidden gems, exciting discoveries & endless possibilities.

