



21st June 2024

Do yoga at home with these easy poses:-

**PADMASANA** 

**BRIDGE POSE** 



TREE POSE









## Things Required :-

Yoga Mat

T-shirt

• Lower / Track Pant!

**Note :-** Kindly send **2 or 3 photos of different yoga pose** to your class teacher.

Mother's Day -

12th May 2024

Gift your child a seed

of Kindness. Take him / her to

nearby places and

donate clothes, food

to needy.

feed roadside

animals.



## On FATHER'S DAY 16<sup>th</sup> June

Books.

Create a library for your children with Books like - Colouring books, 3D books, Musical Books, Popup books, Board



Summer vacation is like a treasure hunt, filled with hidden gems, exciting discoveries & endless possibilities.

